CFA operates 5 food pantries in northern N.J., providing emergency services to our most vulnerable residents. We have a variety of volunteer positions that help us serve over 1,000 families each week. Please sign up and join our team!

Volunteering Guidelines

- All volunteers must be at least 16 years old
- Volunteers come for the same shift each week or provide availability as a weekly floater
- Shifts include distribution, general warehouse work, packing food boxes and administrative tasks
- Distribution shifts happen outdoors, rain or shine
- You must be able to lift 25 pounds to work distribution
- The more locations and days you can be available, the more likely it is to find you a slot
- We need volunteers in Saddle Brook, Hackensack, Englewood and occasionally Mahwah
- Spanish language skills are very helpful
- You must be vaccinated and provide a copy of your card for all positions
- We are not open evenings or weekends

Types of Positions

- **Food distribution shifts:**
  - Monday through Friday mornings
  - Englewood, Saddle Brook and Hackensack
  - Shift times vary at each location
- **General warehouse shifts:**
  - Saddle Brook warehouse from 9 am – 12 noon, Monday through Friday
- **Packing food boxes:**
  - Saddle Brook warehouse from 12 noon – 2 pm, Monday through Friday
- **Weekly administrative positions:**
  - Available at each site depending on need
  - Positions include computer-based scheduling, mailings, answering phones and more

JOIN OUR TEAM

Please fill out the volunteer application at https://cfanj.salsalabs.org/volunteer/index.html
Or call Valerie Anderson at 201 569-1804 x15